

## COVID Guidance for CBL Meetings

Please follow the below guidance for our meetings. We all need to be considerate to everyone we come in contact with under the new way forward for society. Everyone who attends a meeting is a sole trader or a key member of SME, they also maybe aiding a vulnerable person. Everyone has different views and concerns about the new way forward not just about physical health but also mental health (e.g. higher levels of anxiety). Even though a significant proportion of the population maybe fully vaccinated it does not give you 100% protection so we all need to be considerate to ourselves and others.

### Please do not attend a meeting if:

- You have been asked to self-isolate due to various reasons (close contact, travel).
- You have been designated a close contact (i.e. someone who has been in direct contact with someone with COVID) unless you have a negative PCR test.
- You are displaying symptoms of COVID and not had a test.

### On Entry to the venue:

Please use hand sanitiser, give your details and follow the Covid Rules of the venue (venues may still ask visitors to wear masks). **It is individual responsibility to wear a mask indoors especially in crowded, unventilated spaces.**

### At the meeting:

It is individual responsibility to wear a mask indoors especially in crowded, unventilated spaces.

Do not be offend if someone does not want to shake your hand or takes a step back if you are not wearing a mask. We all have to get used to the new way; people may be more cautious than you for various reasons.

Please remember general hygiene rules to prevent spread of diseases regarding coughing, sneezing.